

# Tides, Sunrise and Sunset for Nisqually Delta, July 2014

High Tide

Low Tide

	Height-Time			Height-Time			Height-Time			Height-Time			Sun Rise and Set	General Information
1-Jul	L	5'9"	3:28AM	H	10'6"	8:13AM	L	0'0"	2:51PM	H	13'10"	9:50PM	05:19-09:09	<b>Tides 10 feet or below</b> Lots of mud visible. Good for herons, shorebirds, and dabbling ducks.
2-Jul	L	5'3"	4:10AM	H	10'0"	9:03AM	L	0'11"	3:29PM	H	13'9"	10:23PM	05:19-09:09	
3-Jul	L	4'8"	4:55AM	H	9'5"	10:00AM	L	2'1"	4:09PM	H	13'8"	10:59PM	05:20-09:09	
4-Jul	L	3'11"	5:44AM	H	9'0"	11:05AM	L	3'4"	4:52PM	H	13'5"	11:37PM	05:21-09:08	
5-Jul	L	3'1"	6:35AM	H	8'11"	12:20PM	L	4'7"	5:42PM	-	-	-	05:22-09:08	
6-Jul	H	13'3"	12:16AM	L	2'2"	7:26AM	H	9'2"	1:44PM	L	5'10"	6:43PM	05:22-09:07	<b>Tide 10-11 feet</b> Tides are covering most of the mudflats around the boardwalk. Water level is good for dabbling ducks.
7-Jul	H	13'1"	12:58AM	L	1'1"	8:17AM	H	10'0"	3:10PM	L	6'9"	7:55PM	05:23-09:07	
8-Jul	H	13'0"	1:43AM	L	-0'0"	9:06AM	H	11'0"	4:21PM	L	7'3"	9:08PM	05:24-09:06	
9-Jul	H	13'1"	2:29AM	L	-1'1"	9:52AM	H	12'1"	5:14PM	L	7'5"	10:13PM	05:24-09:06	
10-Jul	H	13'3"	3:17AM	L	-2'1"	10:38AM	H	13'0"	5:58PM	L	7'3"	11:10PM	05:25-09:05	
11-Jul	H	13'5"	4:07AM	L	-2'10"	11:24AM	H	13'8"	6:38PM	-	-	-	05:26-09:05	<b>Tides 11-13 feet</b> Some woody debris still visible on the mudflat but water deeper. Better for diving ducks and seabirds.
12-Jul	L	6'11"	12:02AM	H	13'6"	4:58AM	L	-3'3"	12:10PM	H	14'3"	7:18PM	05:27-09:04	
13-Jul	L	6'4"	12:52AM	H	13'5"	5:51AM	L	-3'2"	12:56PM	H	14'8"	7:57PM	05:28-09:03	
14-Jul	L	5'7"	1:43AM	H	13'1"	6:47AM	L	-2'8"	1:43PM	H	15'0"	8:37PM	05:29-09:03	
15-Jul	L	4'9"	2:36AM	H	12'6"	7:46AM	L	-1'8"	2:31PM	H	15'1"	9:18PM	05:30-09:02	
16-Jul	L	3'11"	3:31AM	H	11'9"	8:49AM	L	-0'3"	3:19PM	H	15'1"	10:00PM	05:31-09:01	<b>Tides 13 feet and up</b> Lots of water around the boardwalk. Good for diving birds.
17-Jul	L	3'1"	4:28AM	H	10'11"	9:58AM	L	1'4"	4:09PM	H	14'10"	10:43PM	05:32-09:00	
18-Jul	L	2'3"	5:28AM	H	10'3"	11:17AM	L	3'2"	5:04PM	H	14'5"	11:29PM	05:33-08:59	
19-Jul	L	1'6"	6:30AM	H	10'0"	12:49PM	L	4'10"	6:08PM	-	-	-	05:34-08:58	
20-Jul	H	13'10"	12:18AM	L	0'10"	7:33AM	H	10'4"	2:34PM	L	6'1"	7:26PM	05:35-08:57	
21-Jul	H	13'4"	1:10AM	L	0'3"	8:33AM	H	11'3"	4:02PM	L	6'10"	8:54PM	05:36-08:56	<b>NOTE: Tide conditions can vary depending on weather conditions.</b>
22-Jul	H	12'10"	2:04AM	L	-0'3"	9:26AM	H	12'2"	5:06PM	L	7'0"	10:10PM	05:37-08:55	
23-Jul	H	12'5"	2:56AM	L	-0'7"	10:13AM	H	12'9"	5:53PM	L	6'10"	11:10PM	05:38-08:54	
24-Jul	H	12'2"	3:46AM	L	-0'10"	10:55AM	H	13'2"	6:31PM	L	6'8"	11:56PM	05:40-08:53	
25-Jul	H	12'0"	4:31AM	L	-0'10"	11:32AM	H	13'3"	7:02PM	-	-	-	05:41-08:52	
26-Jul	L	6'4"	12:35AM	H	11'10"	5:13AM	L	-0'10"	12:08PM	H	13'4"	7:26PM	05:42-08:51	
27-Jul	L	6'0"	1:08AM	H	11'9"	5:53AM	L	-0'8"	12:42PM	H	13'5"	7:47PM	05:43-08:49	
28-Jul	L	5'8"	1:39AM	H	11'6"	6:33AM	L	-0'3"	1:15PM	H	13'6"	8:10PM	05:44-08:48	
29-Jul	L	5'2"	2:11AM	H	11'4"	7:15AM	L	0'2"	1:50PM	H	13'7"	8:35PM	05:45-08:47	
30-Jul	L	4'7"	2:45AM	H	11'0"	7:59AM	L	0'10"	2:25PM	H	13'8"	9:04PM	05:47-08:46	
31-Jul	L	4'0"	3:22AM	H	10'8"	8:45AM	L	1'9"	3:01PM	H	13'7"	9:35PM	05:48-08:44	

This information can be found at <http://www.protides.com/washington>